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## The **T-NOW** METHOD – Your Self-Sabotage Cure

Organizations like the United States Army, Entos Group, True Investment Development, and so many other rely on us for their **management consulting** needs. We specialize in identifying and addressing both individual and business challenges by uncovering hidden self-sabotaging behaviors that hinder success. Our expertise ensures we deliver reliable solutions for achieving optimal business performance and personal fulfillment.

**Dr. Philip Agrios**

CEO

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### WHO WE ARE:

- Unlock your full potential with Dr. Philip Agrios, a renowned self-sabotage specialist, business consultant, best-selling author, and international speaker with over three decades of experience. Dr. Agrios offers transformative programs and personalized consultations to help you achieve unparalleled success in both your professional and personal life.
- Dr. Agrios helps clients identify an inborn trait that blocks professional and personal success and offers *The T-NOW Method* to switch off self-sabotage immediately, greatly improving performance. He specializes in transforming success through specialized programs that have helped influential leaders, effective decision-makers, and high-impact performers while turning professional and life challenges into positive learning opportunities.
- Experiencing numerous tragic personal and professional events sparked his quest to understand human behavior to its core. Over 30 years of researching thousands of people led to the discovery of a revolutionary way to avoid self-sabotage and help people to become their best selves and achieve significant success.

### WHY CHOOSE US?

- **Proven Success:** Guaranteed methods to achieve ultimate success by addressing core human behaviors.
- **Rapid Roadblock Removal:** Eliminates potential obstacles in 24 hours or less.
- **Trusted Advisor:** Provides strategic advice to boost home efficiency, complete tasks efficiently, and master time management.
- His book, "**LIFE'S ONE LAW: Nature's Blueprint to Repeatable Success,**" unveils groundbreaking principles of universal law that enhance and optimize human behavior for lasting success.



### WHAT WE DO:

#### Some Areas of Expertise:

- Leadership Training
- Team Building & Productivity
- Conflict Resolution
- Communication Skills Development
- Sales Training

#### Live Zoom Group Mentoring Courses:

- TRANSCENDENCE 101: From Self-Sabotage to Self-Made Success
- ULTIMATE TRANSCENDENCE: Full Freedom from Self-Sabotage

#### Business Services:

- Virtual and In-Person Workshops
- Fast-Track to Success: Executive Mentoring Programs
- Explosive Sales Blueprint: Have Them Say Yes Before You Ask for the Sale!

#### Online Courses:

- RISE ABOVE ADVERSITY: How to Trust Life and Unleash Your Inner Power

#### Featured Programs Include:

- **Transformational Leadership:** Empowering leaders to turn challenges into growth opportunities.
- **Time Management Mastery:** Techniques to balance home and work life efficiently.
- **Productivity Enhancement:** Strategies to improve focus, productivity, and set boundaries.
- **Communication Development:** Enhance your ability to communicate effectively with

### SOME OF DR. AGRIOS' CLIENTS

